

Have you been getting bug bites in your sleep?

Have you spotted anything that looks like this?

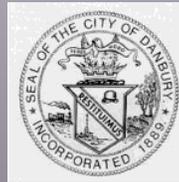


Have you spotted any small dark specks on your sheets or mattress?

Other Resources:
www.ct.gov/dph/
www.cdc.gov
www.epa.gov

If you think you have an infestation:

Call the health department and they will direct you in the steps you should take. It is always important to hire a professional that is trained in dealing with bed bugs.



City of Danbury

Health & Human Services
Department
155 Deer Hill Ave.
Danbury, CT 06810

TEL. 203-797-4625

FAX: 203-796-1596

Website: www.ci.danbury.ct.us

Bed Bugs

- Be aware
- Protect Yourself
- Prevent Infestation



What are bed bugs?

Bed bugs are thin, with a red/brown color, oval in shape, and 1 to 7 millimeters long. They are quick crawlers and mainly come out at night to feed on the blood of humans. They can live for several months without feeding.

How do they spread?

Bed bug problems are not caused by unsanitary conditions, however, cluttered conditions and lack of knowledge about infestation and extermination can lead to bigger problems. Bed bugs are "hitchhikers" and can cling to items such as suitcases and pieces of furniture, allowing them to spread to different locations.

Do bed bugs cause health problems?

-Presently, bed bugs are not known to transmit diseases to humans, but their bites can leave an itchy rash, that can result in mild to severe reactions.

-Bed bugs can also create mental health problems for people living with an infestation due to stress and anxiety.

-Due to the hardy nature of the bed bug, and its resistance to many pesticides, it can be very costly to exterminate when there is an infestation.



Detect and prevent bed bugs in your home.

Bed bugs can be found in mattress seams, near bed frames, cracks or crevices in walls or floors, where carpeting meets the wall, in furniture or drawers, or curtain seams that touch the floor.

Look for:

- A sweet musty odor
- Dark spots that bleed on fabric (bed bug excrement)
- Eggs and eggshells that are very small and white
- Skins that have been shed
- Living bed bugs
- Red colored stains on sheets or mattresses from bed bugs being crushed

To Prevent:

- Be careful with secondhand furniture
- Clean clutter in homes
- Use mattress and box spring covers
- Be aware when traveling, especially in hotel rooms.