



CITY OF DANBURY

DANBURY, CONNECTICUT 06810
DEPARTMENT OF ELDERLY SERVICES
COMMISSION ON AGING
ELMWOOD HALL
10 Elmwood Place
(203) 797-4686

DATE: September 28, 2015

TO: Honorable Mayor Mark D. Boughton
Members of the City Council

FROM: Susan M. Tomanio, LCSW
Director of Elderly Services

RE: Department Report City Council Meeting Reporting Period: (8/24/15– 9/28/15)

Department of Elderly Services - 681 - Call Center (Categories – Health/Wellness, Leisure Time Activities, Lifelong Learning, Benefits/Support, Special Events, Transportation, Membership, Miscellaneous

Elmwood Hall Senior Center – 245 seniors, 2,165 visits / services

Special Programs:

Eat Smart Live Strong: Nutrition Education and Farmer's Market Gift Certificates,
Transportation: The SweetHART Bus, Diabetes Prevention Seminar and Glucose Screening with YMCA, How To Talk to Your Doctor, Falls Prevention Day: Physical Therapist from Main Street Rehab and Home Modification with HomeCrew CT, Checklist for Safety: How to Stay Safe in Your Home as you Age

Offered Daily, Bi-Weekly, Weekly, Bi-Monthly or Monthly:

Leisure Time Activities: Mah Jongg, Bridge, Pinochle, Quilt Club, Knit and Crochet Club, Ceramics, Art, Sports Talk, Woodcarving, Ukulele Club, BINGO, Timeless Trivia, Page Turner's Book Club, Band/Chorus, Poker, Your Point of View, Drama Club

Benefits/Support: Congregate Meals(Lunch), Nursing Home Visitors, SNAP Assistance, Lion's Club Low Vision Program, AARP Safe Drivers Program, Yolanda's Hair Boutique

Wellness Programs: Tai Chi, Strength Training, Zumba Gold, Aerobics, Line Dancing, Freestyle Dance, Chair Massage, Blood Pressure Screening, Chair Yoga, Happy Feet Program, Exercise with Video

Municipal Agent – 32 clients / 69 services in addition to administration of Rent Rebate Program

Services by Category – CHOICES-20, Medicare Part D-5, Medicare-4, Housing-4, MSP-10, Rent Rebate-1, SNAP-1, Legal-2, Other Insurance-2, Elder Abuse-2, Homeless Shelter-1,

Respite-1, Hospice-2, Transportation-1, Financial Concerns-1, Home Health Aid/Companion-2, Adult Day Care-1, Veterans Programs-3, Congregate Meals-1, Other: Activities-2, Social Security-1, Energy Assistance-2

Van Transportation Program – 768 one way trips, & bi-weekly trips to the Farmer’s Market

Please refer to our website for all the latest news, information and community events for Danbury seniors – www.danburyseniors.org

The image shows the homepage of the Danbury Senior Resources website. At the top, there is a blue header with the logo 'DSR Danbury Senior Resources' on the left, a search bar in the center, and language options 'Em Português' and 'En Español' on the right. Below the header is a navigation menu with seven orange buttons: 'About Us', 'Senior Resources', 'Get Involved', 'Classes & Events', 'News', 'Gallery', and 'Contact'. The main content area features a large photograph of a diverse group of seniors smiling. Overlaid on the bottom left of the photo is a teal banner with the text 'Get Involved Join us for enriching events and activities' and a 'LEARN MORE >' button. To the right of the photo is a white box with the heading 'Welcome Danbury Seniors' and two paragraphs of text: 'Welcome to the official website for the City of Danbury Senior Resources. This website contains information and resources to help improve the quality of life for our senior community.' and 'We welcome you to browse through the many offerings on this website!' with a 'Learn more >' link.